

App Security Does Not Need To Be Fun: Ignoring OWASP To Have A Terrible Time





Hi, I'm Dwayne



Dwayne McDaniel

- I live in Chicago
- I've been a Developer
 - Advocate since 2016
- On Twitter @mcdwayne
- Happy to chat about
 - anything, hit me up
- Besides tech, I love improv, karaoke and going to rock and roll shows!



About GitGuardian

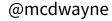


GitGuardian is the code security platform for the DevOps generation.

With automated secrets detection and remediation, our platform enables Dev, Sec, and Ops to advance together towards the Secure Software Development Lifecycle.







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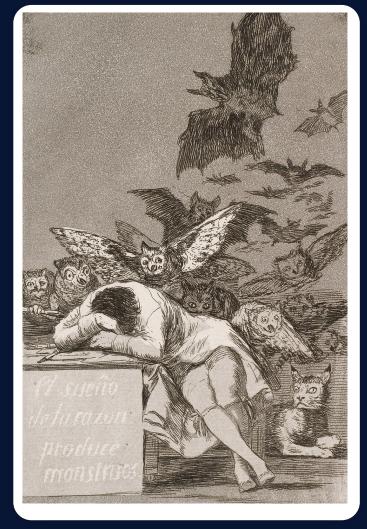
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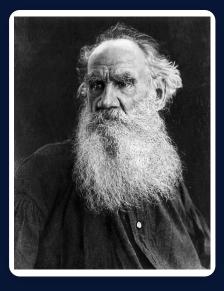




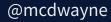


"All happy families are alike; each unhappy family is unhappy in its own way."

— Leo Tolstoy , Anna Karenina







A Few Unhappy Families Companies Apache Log4Shell CVE-2021-44228

- Reported: 24 November 2021 Had existed since 2013
- Log4J allowed requests to arbitrary LDAP and JNDI servers, which in turn could execute any code, including opening interactive shells.
- Impacted over 44 % of corporate networks worldwide.
- Top Companies With Products Affected Include:
 - Adobe, Cisco, AWS, Broadcom, IBM, Okta, VMware

A Few Unhappy Families Companies Uber

- Reported: 15 Sept, 2022
- Teenager from the Lapsus\$ hacking group phished login info from a super admin
- Immediately discovered access credentials hardcoded in PowerShell scripts that allowed pwnage
- Reported first in the New York Times



A Few Unhappy Families Companies CircleCI

- Reported: 4 January, 2023
- An unauthorized third party leveraged malware deployed to a CircleCI engineer's laptop in order to steal a valid, 2FA-backed SSO session.
- Attackers ultimately gained access to many customers' GitHub OAuth credentials and platform security tokens.
- Caused a system wide token rotation, disrupting thousands of customers. Investigation ongoing.

Security Teams Are Outnumbered

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In the best organizations developers outnumber security team members 100:1

- Alex Rice, HackerOne #Security@2022

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"Put Everyone On The Security Team"

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But Devs Already Have A Lot To Worry About:

- Delivery deadlines
- Billable hours
- Number of tickets closed
- Bugs
- DevOps
- Fighting Kubernetes





Business Priority View of Security Security Incident

Focus On New Feature Delivery Times

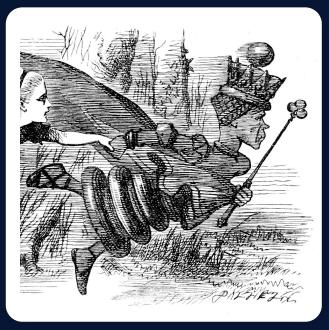
Focus On Security

Delivery Slows Down



The Number Of Security Tools Is Overwhelming

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Now, here, you see, it takes all the running you can do, to keep in the same place. If you want to get somewhere else, you must run at least twice as fast as that!

The Red Queen,
Through the Looking-Glass,
and What Alice Found There



I Wish Some Benevolent Group Of Security Experts Could Help Me With This Stuff @mcdwayne

Open Web Application Security Project



OWASP.ORG



PROJECTS CHAPTERS EVENTS ABOUT

Browse All Projects... OWASP Top Ten Dependency Track Juice Shop Mobile Application Security ModSecurity Core Rule Set Software Assurance Maturity Model (SAMM) Security Knowledge Framework Web Security Testing Guide Zed Attack Proxy Start a New Project... Google Summer of Code 2021

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Who is the OWASP[®] Foundation?

The Open Web Application Security Project[®] (OWASP) is a nonprofit oundation that works to improve the security of software. Through communityed open-source software projects, hundreds of local chapters worldwide, tens of thousands of members, and leading educational and training conferences, he OWASP Foundation is the source for developers and technologists to ecure the web.

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- Tools and Resources
- Community and Networking
- Education & Training

For nearly two decades corporations, foundations, developers, and volunteers have supported the OWASP Foundation and its work. Donate, Join, or become a Corporate Member today.

Project Spotlight: OWASP Top 10

OWASP Top 10 The Ten Most Critical Web Application Seco

TTA

We are back again with yet another OWASP Spotlight series and this time we have a project which needs no introduction and I got the chance to interact with Andrew

OWASP 2022 Global AppSec APAC Virtual Event



Registration Open! Join us virtually August 29 - September 1, for



OWASP Mission

No more insecure software.

OWASP Mission

As the world's largest non-profit organization concerned with software security, OWASP:

- Supports the building of impactful **projects**;
- Develops & nurtures communities through events and chapter meetings worldwide; and

- Provides educational **publications** & **resources** in order to enable developers to write better software, and security professionals to make the world's software more secure.



OK, But how do I navigate this site?

C owasp.org/about/

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PROJECTS CHAPTERS EVENTS ABOUT

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• Watch

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About the OWASP Foundation



The Open Web Application Security Project (OWASP) is a nonprofit foundation that works to improve the security of software. Our programming includes:

- Community-led open source software projects
- · Over 250+ local chapters worldwide
- · Tens of thousands of members
- · Industry-leading educational and training conferences

We are an open community dedicated to enabling organizations to conceive, develop, acquire, operate, and maintain applications that can be trusted. All of our projects, tools, documents, forums, and chapters are free and open to anyone interested in improving application security. The OWASP Foundation launched on December 1st, 2001, becoming incorporated as a United States non-profit charity on April 21, 2004.

For two decades corporations, foundations, developers, and volunteers have supported the OWASP Foundation and its work. Donate, Become a Member, or become a Corporate Supporter today.

Our Mission

No more insecure software.

The OWASP[®] Foundation works to improve the security of software through its community-led open source software projects, hundreds of chapters worldwide, tens of thousands of members, and by hosting local and global conferences.

17 Star 379

Donate

Upcoming OWASP Global Events OWASP Global AppSec Dublin 2023 February 13-16, 2023 OWASP Global AppSec Washington DC 2023 October 30 - November 3, 2023 OWASP Global AppSec San Francisco 2024 September 23-27, 2024

OWASP Global AppSec Washighton DC 2025

November 3-7, 2025

OWASP Global AppSec San Francisco 2026

November 2-6, 2026

As the world's largest non-profit organization concerned with software security, OWASP:

	OWASP Overview	N
	Projects	
•	Communities	
• • •	Events	
	Education and Training	5
•	Publications and Reso	urce



OWASP Projects

The OWASP[®] Foundation works to improve the security of software through its community-led open source software projects, hundreds of chapters worldwide, tens of thousands of members, and by hosting local and global conferences

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Project Classification

Flagship Project 📥 Builder Breaker Defender X Tool

• Watch

Online Demo OWASP-SKF

OWASP-SKF Online Demo

username: admin password: test-skf

Github Repository

OWASP-SKF repo

Changelog Latest Changelog OWASP-SKF

Leaders

Glenn ten Cate **Riccardo ten Cate**

Getting involved

Open Source repos Built by volunteers and experts New weekly submissions from the community • 250 total projects in any state ○ 157 in "usable" state

@mcdwavne

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OWASP Projects <u>Categories</u>

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Flagship Projects Production Projects (new) Lab Projects Incubator Projects

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OWASP Flagship Projects

Flagship Projects



- OWASP Amass
- OWASP Application Security Verification Standard
- OWASP Cheat Sheet Series
- OWASP CSRFGuard
- OWASP CycloneDX
- OWASP Defectdojo
- OWASP Dependency-Check
- OWASP Dependency-Track
- OWASP Juice Shop
- OWASP Mobile Application Security
- OWASP ModSecurity Core Rule Set
- OWASP OWTF
- OWASP SAMM
- OWASP Security Knowledge Framework
- OWASP Security Shepherd
- OWASP Top Ten
- OWASP Web Security Testing Guide
- OWASP ZAP

18 Current Flagship Projects:

The OWASP Flagship designation is given to projects that have demonstrated strategic value to OWASP and application security as a whole.



OWASP Lab Projects

Lab Projects



- OWASP AntiSamy
- OWASP API Security Project
- OWASP Attack Surface Detector
- OWASP Automated Threats to Web Applications
- OWASP Benchmark
- OWASP Code Pulse
- OWASP Code Review Guide
- OWASP Coraza Web Application Firewall
- OWASP Cornucopia
- OWASP Devsecops Maturity Model
- OWASP Enterprise Security API (ESAPI)
- OWASP Find Security Bugs
- OWASP Integration Standards
- OWASP Internet of Things
- OWASP Java HTML Sanitizer
- OWASP Mobile Top 10
- OWASP Mutillidae II
- OWASP Podcast
- OWASP Proactive Controls
- OWASP pytm
- OWASP SamuraiWTF
- OWASP Secure Coding Dojo
- OWASP Secure Headers Project
- OWASP secureCodeBox
- OWASP SecureTea Project
- OWASP Security Pins

34 Lab Projects:

OWASP Labs projects represent projects that have produced an OWASP reviewed deliverable of value.



OWASP Incubator Projects

Incubator Projects

- OWASP .Net
- OWASP aegis4j
- OWASP Android Security Inspector Toolkit
- OWASP APICheck
- OWASP Application Gateway
- OWASP Application Security Awareness Campaigns
- OWASP Appsec Pipeline
- OWASP AppSensor
- ASVS-Graph
- OWASP Automotive EMB 60
- OWASP AWScanner
- OWASP Barbarus
- OWASP Big Data Security Verification Standard
- OWASP Bug Logging Tool
- OWASP Cloud-Native Application Security Top 10
- OWASP Cloud-Native Security Project
- OWASP Code the Flag
- OWASP Continuous Penetration Testing Framework
- OWASP Core Business Application Security
- OWASP crAPI
- OWASP CSRFProtector Project
- OWASP CWE Toolkit
- OWASP Cyber Controls Matrix (OCCM)
- OWASP Cyber Defense Framework
- OWASP Cyber Defense Matrix
- OWASP Cyber Scavenger Hunt
- OWASP D4N155

105 Incubator Projects:

OWASP Incubator projects represent the experimental playground where projects are still being fleshed out, ideas are still being proven, and development is still underway.



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OWASP Projects <u>Types</u>

Tool Projects - 75 Documentation Projects - 80 Code Projects - 34

• Other - 3

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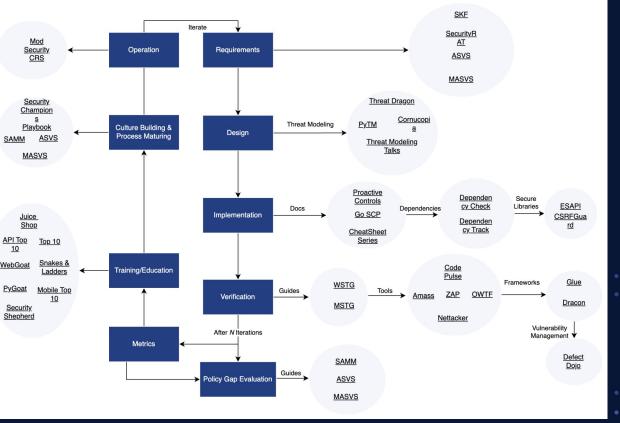
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- Organized around CRE, <u>C</u>ommon
- <u>R</u>equirement
- **Enumeration**



OWASP Projects





OWASP CRE

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Co	mmon Require	ement Enu	······································	ta
	Search	Topic text 👻	Q. Search	
OPEN CRE				
CRE is an interactive content linking platform for designing, developing, testing and procuring sec		and guidelines. It offe	ers easy and robust ac	cess to relevant information when

WHY?

Independent software security professionals got together to find a solution for the complexity and fragmentation in today's landscape of security standards and guidelines. These people are Spyros Gasteratos. Elie Saad. Rob van der Veer and friends, in close collaboration with the SKF. OpenSSF and Owasp Top 10 project.

HOW?

The CRE links each section of a standard to a shared topic (a Common Requirement), causing that section to also link with all other resources that link to the same topic. This 1) enables users to find all combined information from relevant sources. 2) it facilitates a shared and better understanding of cyber security, and 3) it

maintains itself: t	$\leftrightarrow \rightarrow \ G$	opencre.org/search/secret%20storage			G 🛛 🛤	🦷 🖬 🕴	. ≡1
security.	Open CRE			Search	-	Topic text ,	T
Example: the ses							
threat descriptio							
	Results	matching : secret storage					
Moreover, standa							
always redirect to	Related	CRE's	Related Documents				

Links together standards	
(NIST, CWE) in a coherent v	way

Helps clarify what each OWASP project is specifically 🗖 🎡 i addressing

https://www.opencre.org allows you to just search the

high level topic

CRE: Cryptography - is linked to

· 223-780 - Secret storage CRE: Secret storage - is linked to:

· Cheat_sheets - Secrets Management Cheat Shee OWASP WrongSecrets CRE: Secret storage - is related to: 170-772 - Countography

NIST 800-53 v5 - SC-13 Cryptographic Protection

NIST 800-53 v5 - SC-17 Public Key Infrastructure Certificates

 Cloud Controls Matrix - AIS-01 Applications and interfaces (APIs) shall be designed developed, and deployed in accordance with industry accentable standards (e.g., OWASP for web applications) and adhere to applicable legal, statutory, or regulatory compliance

@mcdwavne

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OWASP Community

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Chapters all over the world

Organized via MeetUp in most areas

Many online events

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Upcoming events

Contine Event
C

2 attendees





*S*² Featured event

THU, MAR 2, 2023, 8:00 AM MST

Denver OWASP SNOWFROC Conference



•) Cable Center - University of Denver campus

SnowFROC 23 is on Thursday March 2nd - all day long. While billed as, "Denver's premier application security conference", SnowFROC's presentations and workshops focus on many facets of cybersecurity and over the years, SnowFROC...

56 attendees

Attend

OWASP Community

OWASP Meetup at the GitGuardian Office October 2022





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- **OWASP Events**

- Multiple events per year
- Global Events
- AppSec Days
- Partner Events

- owasp.org/events/ Please support the OWASP mission to improve software security through Open Source initiatives and co (X)OWASP PROJECTS CHAPTERS EVENTS ABOUT Search OWASP.or OWASP AppSec NZ OWASP Global AppSec AsiaPac Virtual 2022 **OWASP Global & Regional Events OWASP September Webinar OWASP** October Webinar OWASP Global AppSec San Francisco 2022 OWASP Global AppSec Dublin 2023 Upcoming Chapter Events Browse All Events .. Ever wanted to network and learn along with other AppSec professionals? We host nearly a dozen events each
 - vear varying in format to week long trainings and conferences, to single day programs, OWASP events are a great way to:
 - · Improve your career skills
 - Build your professional network
 - · Learn about new trends in the industry

While some of our events have corporate sponsors, the content is vendor neutral, and speakers are carefully selected ensuring a good return on your investment of time and money. Often times are larger events also host Expositions, Capture the Flags, and Career Fairs. Often members get a discount on conference passes.

@mcdwayne

OWASP 2021 November Event Town Hall Slide Presentation

Skip to Global Events, AppSec Days Events, Partner Events



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OWASP Events





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OWASP Education And Training

10 Best Owasp Courses, Training, Classes & Tutorials Online

Course Name	Enrolled Students (Count)	Reviews (count)
1. <u>Web Application Security for Absolute Beginners</u> (<u>no coding!</u>) Our Best Pick	7525+	2453+
2. <u>Complete guide to OWASP top 10 (2020)</u>	635+	278+
3. <u>Certified Secure Coder- PHP (CSC- PHP</u>)	1356+	128+
4. <u>Complete Ethical Hacking & Penetration Testing</u> for Web Apps	4763+	96+
5. OWASP: Threats Fundamentals	210+	79+
6. OWASP Proactive Controls	116+	43+
7. PenTesting with OWASP ZAP: Mastery course	498+	41+
8. OWASP: Avoiding Hacker Tricks	70+	21+
9. OWASP: Forgery and Phishing	50+	19+
10. <u>OWASP Mobile Security Testing Top 10</u> <u>Vulnerabilities</u>	56+	8+

OWASP Education And Training

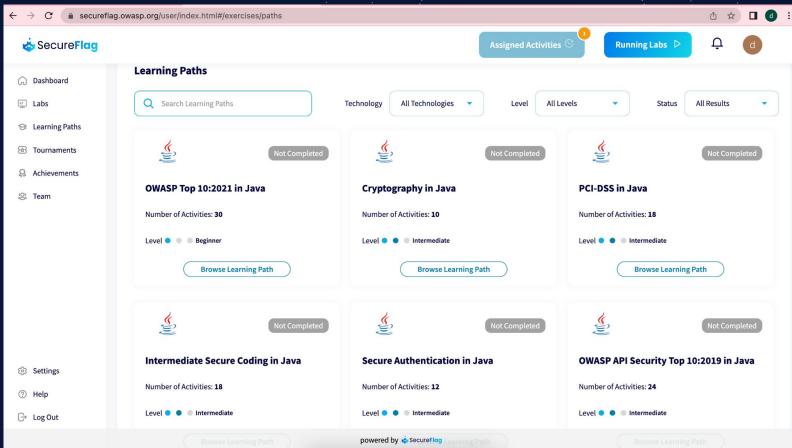
SecureFlag

Real-world Secure Coding Training

https://secureflag.owasp.org/



OWASP Education And Training



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OWASP Publications and Resources

OWASP AppSec Asia Pacific 2012 Training

Building Secure Web Applications

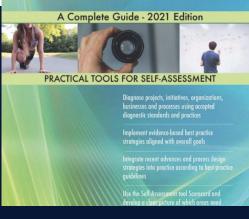
Web application security breaches on websites of major corporations and government entities have received significant media attention due to large number of users affected and the leaking of sensitive personal information.

This training will show how to develop secure Web applications and covers security aspects of the full software development life cycle

(SDLC). Participants will le review common risks, incl technical and business im strategies. The training inimplementation, white-box While most code examples content is equally applicat database engines.

Participants are welcome for review during the train





Books

Many free resources online

There is a good deal of crossover with Projects

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OWASP Getting Started										
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1. Top 10s									•	
2. Cheat Sheet Series	5									
3. Goats										
4. ZAP										
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The OWASP Top 10

"The OWASP Top 10 is a standard awareness document for developers and web application security. It represents a broad consensus about the most critical security risks to web applications."

Globally recognized by developers as the first step towards more secure coding.



OWASP Top 10 Vulnerabilities

2021

A01:2021-Broken Access Control A02:2021-Cryptographic Failures A03:2021-Injection A04:2021-Insecure Design A05:2021-Security Misconfiguration A06:2021-Vulnerable and Outdated Components A07:2021-Identification and Authentication Failures **A08:2021**-Software and Data Integrity Failures A09:2021-Security Logging and Monitoring Failures* A10:2021-Server-Side Request Forgery*

*From The Survey

OWASP Top 10 Vulnerabilities



Do the following, at a minimum, and consult the references:

• Classify data processed, stored, or transmitted by an application. Identify which data is sensitive according to privacy laws, regulatory requirements, or business needs.

	OWASP Top 10s
1. <u>Mobile Security</u>	7. <u>Cloud-Native Application Security</u>
2. <u>API Security</u>	8. <u>Data Security</u>
3. <u>CI/CD Security</u>	9. <u>Desktop App</u>
4. <u>Kubernetes</u>	10. <u>Docker</u>
5. <u>Low-Code/No-Cod</u>	<u>de</u> 11. <u>Serverless</u>
6. <u>Privacy Risks</u>	12. <u>Thick Client</u>
	13. <u>Client-Side Security Risks</u> @mcdwayne

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OWASP Cheat Sheet Series

https://cheatsheetseries.owasp.org/



Life is too short • AppSec is tough • Cheat!

OWASP Cheat Sheet Series

Kubernetes Security Cheat Sheet

Kubernetes

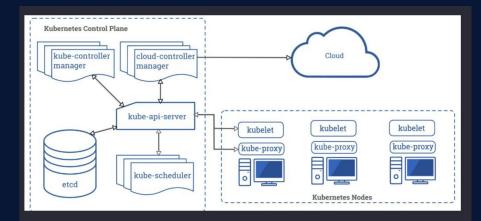
Kubernetes is an open source container orchestration engine for automating deployment, scaling, and management of containerized applications. The open source project is hosted by the Cloud Native Computing Foundation (CNCF).

When you deploy Kubernetes, you get a cluster. A Kubernetes cluster consists of a set of worker machines, called nodes that run containerized applications. The control plane manages the worker nodes and the Pods in the cluster.

Control Plane Components

The control plane's components make global decisions about the cluster, as well as detecting and responding to cluster events. It consists of components such as kube-apiserver, etcd, kubescheduler, kube-controller-manager and cloud-controller-manager

Component	Description
kube-apiserver	kube-apiserver exposes the Kubernetes API. The API server is the front end for the Kubernetes control plane.
etcd	etcd is a consistent and highly-available key-value store used as Kubernetes' backing store for all cluster data.
kube-scheduler	kube-scheduler watches for newly created Pods with no assigned node, and selects a node for them to run on.
kube-controller- manager	kube-controller-manager runs controller processes. Logically, each controller is a separate process, but to reduce complexity, they are all compiled into a single binary and run in a single process.



This cheatsheet provides a starting point for securing Kubernetes cluster. It is divided into the following categories:

- Securing Kubernetes hosts
- Securing Kubernetes components
- Kubernetes Security Best Practices: Build Phase
- Kubernetes Security Best Practices: Deploy Phase
- Kubernetes Security Best Practices: Runtime Phase

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OWASP Goats

- Goats are deliberately insecure applications for testing and training purposes
 - Lab Projects ● WebGoat
 - Node.js Goat
 - WrongSecrets
 - • • • • •

Incubator Projects or Proposed

@mcdwavne

- PygoatAndroGoat
- ChainGoat
- Laravel Goat
- Webgoat PHP
- SupplyChainGoat

OWASP Goats
OWASP Juice Shop
owasp flagship project release v14.3.0 y Follow 4.8k 😁 Follow r/owasp_juiceshop 239
CI/CD Pipeline passing ★ test coverage 89% ▲ maintainability A technical debt 2% ④ tests passed openssf best practices gold GitHub ★ 7.3k Contributor Covenant v2.0 adopted

The most trustworthy online shop out there. (@dschadow) — The best juice shop on the whole internet! (@shehackspurple) — Actually the most bug-free vulnerable application in existence! (@vanderaj) — First you @@then you ?? (@kramse) — But this doesn't have anything to do with juice. (@coderPatros' wife)

OWASP Juice Shop is probably the most modern and sophisticated insecure web application! It can be used in security trainings, awareness demos, CTFs and as a guinea pig for security tools! Juice Shop encompasses vulnerabilities from the entire OWASP Top Ten along with many other security flaws found in real-world applications!

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OWASP Goats

B github.com/juice-shop/juice-shop/blob/master/REFERENCES.md

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	 Episode 4.17: The Jov of the Vulnerable Web: JuiceShop (S04E17) 		

	Demo by maintainer on YouTube	
	OWASP Juice Shop 14.0.1 Probably the most modern and sophisticated insecure web application	
	https://owasp-juice.shop	
	Copyright (c) 2014-2022 Björn Kimminich / @bkimminich	
)	<u>https://www.youtube.com/watch?v=n9DK87g_Alo</u> @m	cdwayne

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OWASP ZAP

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OWASP Getting Started

1.	Top 10)						
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2. Cheat Sheet Series

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3. Goats (not the 'greatest of all time')

4.	ZAP							•						
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Hi, I'm Dwayne



Dwayne McDaniel

- I live in Chicago
- I've been a Developer
 - Advocate since 2016
- On Twitter @mcdwayne
- Happy to chat about
 - anything, hit me up
- Besides tech, I love improv, karaoke and going to rock and roll shows!





App Security Does Not Need To Be Fun: Ignoring OWASP To Have A Terrible Time



